



Region 4 WBAC



June 2021 airstreamclub.org/region4 Summer Issue

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President's Corner



Hello Members of Region 4!

Well, the 45th Region 4 Rally is in the history books. And, if the comments shared with me are anything to go by, it was a success. Comments ranged from, "Best rally ever!" to "On a scale of 1 to 10, I'd give it a 13 1/2!" I'm not sure why it didn't make it to 14, but I'll settle for 13 1/2. Thank you, once again, to all who helped to make the rally a success. We couldn't have done it without you.

And don't put those 60's clothes, tie-dyed t-shirts, and rainbow sunglasses into storage just yet. Heads up! For those of you planning to attend the International Rally in Lebanon, the Vintage Airstream Club is sponsoring a 60's Dance on Sunday, July 18. Let's all show up with our best 60's clothing and join in the party. Be sure to register for the Region 4 Brunch scheduled earlier that day.

(Continued on the next page)

It's just another great chance to get to know others in our Region and to share friendship and family with one another. I look forward to seeing you there.

As I start to wind down my time as your Region President, I have so many mixed emotions. It is bittersweet that my time as a Region Officer is coming to an end. I had hoped to get out to visit every club, but the pandemic put a big kibosh to that – not only for my travel plans but for many of you as well. But to all of you that I was able to meet and visit with, thank you for making us feel so welcome. We know we have friends all over the Region that we can call upon, visit with, and hopefully, rally together with once again. I still hope to get to visit some of the clubs that I was unable to see during this past biennium; it just won't be as a Region Officer, but as a fellow Airstreamer. I know we'll have a good time getting to know each other and I look forward to sharing a beverage around a campfire someday.

I am honored to have served the region for these past 6+ years, starting as Region Treasurer under Karin Kurkowski and Marjorie Lotz, then moving into the VP positions and finally President. It has been a true privilege to represent you at the International Club meetings and rallies.

Someone once shared with me that they were told when they joined the club that it was important to get involved and to volunteer--that you would get back so much more than you put into the club. I think that is absolutely true. I'm not saying you need to be a Region Officer (although we're always looking for people to help in that way), but even volunteering at a local club rally or serving in your local club is and can be a rewarding experience. Give it some thought.

I want you all to know that even though I am soon finishing my term as your Region President, I will always be there to answer questions or listen to your concerns. Please feel free to email or call me anytime. I look forward to seeing you around a campfire soon.

See you down the road,



Karen Fisher
President, Region 4, BRN 248

WBAC Region 4 Needs You



Region 4 is looking for a person or couple interested in community service. All of us have an interest in helping others in some form or another. The Region is looking for someone or a couple who is willing to go to the next level.

See details in the Region 4 section, page 14, of this newsletter.

From the First Vice President

This Region is Blessed with People Stepping up to the Call....

I want to thank Karen Fisher and Wally Kimmel for their many years of service to this region. Karen has done an admirable job, and their dedication to the Region and now on to the next step of International leadership is much appreciated. I hope I can serve you, the region members, this well, too, in the coming two years.

While other regions across the continent are looking to fill region officer and executive committee positions, the members of Region 4 have stepped up to the plate. We have an exceptional lineup of Region 4 leadership which will benefit our region members for years to come.

Of course, I cannot say enough about Fred and Kathy Kiehl. They are helping in so many ways, including already scouting out potential future Region 4 Rally sites in Ohio and West Virginia. They are very dedicated people to our organization as well as fun to be around. We look forward to working with them in the coming two years and beyond!



The most recent person to step into the Region 4 Officer ranks is Mike Pastva. Mike started in the club in the late nineties. In fact, he joined in 1997. So, I call him the young, old-timer. Mike is still a working stiff and nonetheless is honored and able to serve Region 4 as well as stay active in his Local Club. I am looking forward to working with him and his girlfriend, Jill.

Mark Kennedy has agreed to continue as Region 4 Secretary. Even though he wears many hats in his Local Club, he still finds the time to serve Region 4. I am grateful to have his knowledge and skill of serving in this capacity for so many years. He and Daren are assets to this Region.

Steve Rhodes (he gives Phyllis much credit, too) has served Region 4 as Treasurer for six years. He and Phyllis are looking at what is best for them in their next phase of traveling. Steve has asked that I find a new Region 4 Treasurer. Thank you, Steve and Phyllis, for all you have done. It has been a pleasure to work with you both!

Luckily for Region 4, yet another person has stepped up to the call for Treasurer. Elaine Barrick has agreed to become the next Region 4 Treasurer. She and her husband, Rich, are members of the Northern Ohio Virtual Airstream Club (NOVA) Local Club. As a bookkeeper for a small company for many years, Elaine is well qualified for this position. Her leadership in this position is already evident as we work on the 2022 Region 4 Rally in Wooster, Ohio. Elaine will formally transition to Region 4 Treasurer at the International Rally in July 2021. Until then, Steve Rhodes will be handling all Region 4 business except 2022 Region 4 Rally registrations, which need to go to Elaine. Her name and address are on the registration. Elaine can be reached at r04treasurer@wbcci.net.

As I reviewed the history of Region 4's leadership positions, it has been many years since Region 4 has had a Membership Chair. When this office is not filled, the Region 4 First VP takes on this duty. I am happy to announce that Linda Smith has agreed to fill this position. She and her husband, Robert, are members of the Southeastern

Michigan Airstream Club (SEMAC) Local Club. Linda is described as one of the most enthusiastic Airstreamers around! Welcome aboard, Linda! Fred is pleased, too! 😊

Barb Derian has some big shoes to fill from Cindy Conant's work as the *Blue Beret* Contributing Editor. Barb is another person who is very active in her Local Club. She and Ralph Volk hale from the Southeastern Michigan Airstream Club (SEMAC) Local Club. Newsletter editor is just one of many jobs Barb does for their Local Club. She does an excellent job and already has the next *Blue Beret* article filed for the August issue.

Vee Durbin has agreed to continue as Region 4 Web Administrator. She and her husband, Ernie, are members of the Cincinnati Unit and are a blessing to the Region. I appreciate all that Vee does in keeping our Region 4 website accurate and up-to-date, especially during the transition to the new WBAC website.



The next time you see any of these folks, please give them a big thank you! They are doing the necessary behind-the-scenes work of our organization, and they deserve our gratitude. Our Club is a nonprofit 501-c7 corporation registered in the state of Ohio. Ohio law for these types of corporations requires a board of trustees at each level of the organization and at least one board meeting a year.

As you will read in the Region 4 section (page 14), the Region is looking for the next Region 4 Community Service Chair(s). Please read and reflect on this mission and determine if you feel you can do some good.

Of course, I cannot conclude this article without thanking my wife, Jane Briggs, for all that she does, including the role as Region 4 Newsletter Editor. She does a great job, all the while working a full-time job.

Last but not least, I am blessed to have so many Region 4 Members wishing Jane and me well and rooting for us. We have already made so many friends in Region 4 and are certainly looking forward to our continued fun, fellowship, and adventures on the road!

Finally (and maybe most importantly), do not miss the 2022 Region 4 Rally registration and information on page 10. Please join Jane and me on the streets of Wooster, Ohio, during May 18-22, 2022.

Stay healthy, friends, and safe travels,

Brad Briggs
1st Vice President, Region 4,
BRN 3080



From the Second Vice President

Looking Forward to the Future

Hello Everyone,

Kathy and I just returned from our first trip of the season, the Community Service Work Rally at Santa's Hide-A-Way Hollow and the Region 4 Rally at the Summit Bechtel Reserve. As the weather warms up and we start to settle into some normalcy by attending our Local Club events, do not forget that in this region, we have the Swiss Festival National Rally (September 25 – October 3, 2021). And, we are always looking for volunteers to help during the rally and come in early and help get ready.

This year's Region 4 Rally was held at a different type of venue that had a lot of activities available to us, from walking and biking paths, canoeing and kayaking, laser shooting, trap shooting, and even a Big Zipline. Right next door was a National Park and the New River Gorge. So much to do that you could not do it all in one trip. Thank You, Karen Fisher, for a different and exciting rally.

Next year's Region Rally is shaping up to be different as well. Brad Briggs is parking us on the downtown streets of Wooster, Ohio. The space is limited, and registration is open, so don't procrastinate.

Karen and Brad have set the bar high for my two region rallies; 2024 will be in West Virginia, and 2025 will be in Ohio. These rallies are for the membership, so I am open to any ideas you have about location and activities.

In the last couple of newsletters, I have talked about our motorhome project. The stove showed up just in time to get installed with the new countertops, and all the upholstery is done. We took it out on April 29th (one year from the day we drove it home from Huntington, WV). Even though we have started a punch list, we are pleased with the outcome.

Looking forward to seeing all of you this season,

Fred Kiehl
2nd Vice President, Region 4
BRN 2544



REGION 4

2021 Region 4 Rally Wrap-Up: “Peace, Love, and Almost Heaven”

What a wonderful time our Region 4 members had who traveled to the Summit Bechtel National Scout Reserve in Glen Jean, West Virginia, May 18-23, 2021. For many, this was the first outing in their Airstreams for over a year!

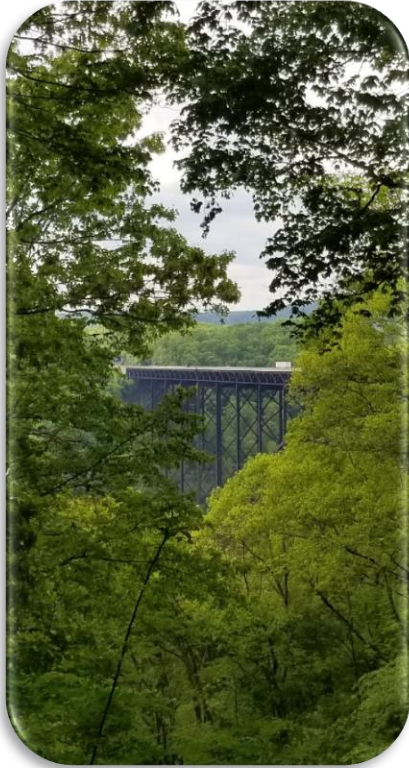
President Karen Fisher provided a program for members that included various sessions to attend and meal functions at which to socialize. The business of the region took place in the main building called “Forks in the Road” and provided a nice shelter area for members to eat, meet and make new friends, as well as space for crafting areas and officer training sessions.

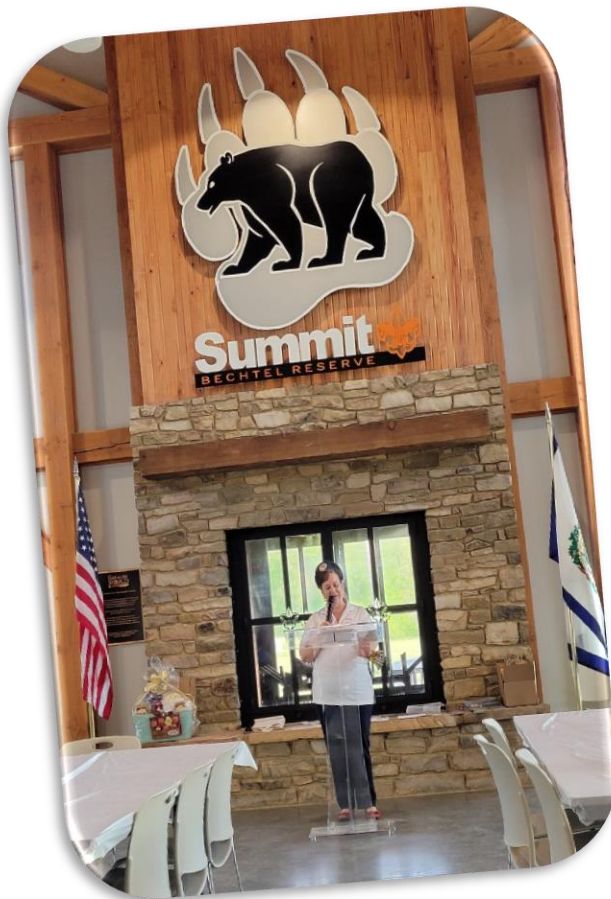
Because Summit Bechtel serves as a national Boy Scout Facility, a variety of outdoor activities were available to members. These activities included zip-lining, hiking, laser shooting, and kayaking. Nearby, some members took advantage of completing a Bridge Walk under the New River Gorge highway bridge as well as many other fun activities.

On Thursday, Friday, and Saturday nights, Doc and Donna Probes performed a variety of musical selections. Nights had beautiful star gazing and were quiet respites from the day’s activities. Enjoy these pictures from our 2021 Region 4 Rally!

Additional [Region 4 Photos](#)









Region 4 2022 Rally Registration



Join Us for the 46th Annual ACI Region 4 Rally
— Main Street Style —
May 18-22, 2022
Downtown Wooster, Ohio

Spots with electric are limited, first come, first registered. Learn more at:
[Online Registration and Information with FAQs.](#)

See you on the streets of Wooster!

[\(Printable information and coupon\)](#)

New at the Region Level

By: Jane Briggs

Region 4 welcomes our new officer, 2nd Vice President-Elect, Mike Pastva!

Mike has been camping for over 55 years starting when adopted by his parents, who had a 1964 Apache pop-up trailer. He has been camping ever since!

His first camper was a Rockwood pop-up. While on his way to work in 1997, he saw a 1973 Overlander for sale in a front yard. He bought it and had to join the club. Since then, he has owned four Airstreams:

- 1973 Overlander
- 1969 Sovereign
- 1986 Sovereign (the one he misses)
- 1999 Safari.



Mike is a member of The Akron Local Club. He raised four kids in the Club, and it was a fantastic experience. He and his girlfriend, Jill, are enjoying camping in his 1999 Airstream Safari now.

His hobbies are Cars and Trucks, and anything with endurance as he has a competitive spirit.

When asked to become a part of the officer team, he was willing to step up because he has admired everyone who came before him. He states, “There has been SO much change as the organization evolves. I firmly believe we have to give something back. This club has been very good to me.”

Mike stated that it is an honor to move up through the ranks in Region 4. President Karen Fisher, along with the Executive Board and members, are the best! He looks forward to continuing to be a part of the leadership in this club!

New at the Region Level (continued)

Region 4 welcomes our new Treasurer, Elaine Barrick!

Elaine has been camping for over 45 years! She and her husband, Rich, started with tent camping, moved up to Pop-ups, then a Box trailer, and now an Airstream!

Her local club is the Northern Ohio Virtual Airstream (NOVA) club, and they camp in their 2007, 25-foot Safari Special Edition FB Queen Airstream.

Elaine's hobbies and interests include sewing, crocheting, and volunteering at a local no-kill dog/cat shelter for 21 years. Add to this list her love of travel (of course)!



While Treasurer of Region 4, her goals in the office include balancing our financial books every month! 😊 As she says, "If the books are balancing, then that's the best indication to me I'm doing the job right!" When asked why she was willing to step into this role, she said that she decided to take the treasurer's position because of her past working history of doing very similar work for two companies. She sees herself as somewhat of a "behind the scenes" person who wants to keep moving Region 4 forward financially in the coming years.

Region 4 welcomes our new Membership Chair, Linda Smith!

Linda has actually been camping since she was a small girl. Her mother was a Brownie leader, so she went wherever the troupe went, including camping in mostly tents and some cabins. Her husband Robert has always loved Airstreams, so they have the best of both worlds while allowing him to follow his dream. They have been in WBCCI for eight years.

Linda is the current Membership Chair for the Southeastern Michigan Airstream Club as well as 1st Vice President. She and Robert own a 1997, 31-foot Excella 1000. Her hobbies and interests include gardening, directing musicals, chickens, and raising Monarch butterflies.



When asked why she was willing to step into a Committee Chair role, she states, "I love the people of the Airstream Community and want to get to know them better." Her goals while Membership Chair include Airstream's Red Stars. In reality, Red Stars are a passion of hers, and she would like to see everyone get their stars and share options on how best to display them. In addition, she believes that communication is critical in making a club feel more like family. For example, she will look for creative ways to just say, "Hey, I am thinking of you" on a regular basis. People need people, and Airstream is a community of people.

Linda adds that she is open to being contacted anytime for any reason. If she does not know a particular answer to a question, then she will find it! Her email address as Membership Chair is R4membership2021@gmail.com, and her phone number is (248) 284-3627.

New at the Region Level (continued)

We are pleased to welcome our new *Blue Beret* Contributing Editor, Barbara Derian!

Barbara has been camping since Age 4, first with her parents while tent camping and later with a pop-up trailer. Currently, she serves her local club as the Southeastern Michigan Airstream Club 2021 President and travels along with her partner of 25 years, Ralph Volk, in their 2017 Classic named “Stella.” Her hobbies and interests include a love of travel as well as meeting new friends. One of Barb’s goals is to visit all 49 continental states in their Stella! She is an avid reader of mostly political and science fiction and is a fan of all types of crafting. Her latest venture was to learn how to design and fuse glass.

When asked why she said “yes” to *Blue Beret* Contributing Editor, she stated her belief that “A club only succeeds if its membership is willing to volunteer in whatever capacity time and resources allow. Even the most minor role can have a significant impact.” Her main goal is to ensure that our beautiful Region 4 and local club events are shared with all of WBAC through the *Blue Beret*.

Lastly, Barb would like to add that her partner Ralph is a retired marketing/advertising executive who is an incredible guitar player and instructor. You may find him playing during happy hours!



Community Service Update

Chairs, Dan and Dawn Bihary

The Work Rally at Santa’s Hide-A-Way Hollow May 13-16, 2021

In early May, eighteen Airstreamers from Region 4 met for three days at the North Pole to help get Wally’s Christmas Tree Farm ready for the arrival of children. We worked hard, ate well, and camped comfortably.

Over the last two years, Region 4 has worked with Santa’s Hide-A-Way Hollow in Middlefield, Ohio, to develop an area that can be used as a cooling retreat for attendees that need a place to rest. We have converted an Airstream into “The North Pole Cinema.” The Airstream has seating for eight in a newly airconditioned space. The children will stay cool while watching “Christmas Vacation” on a 75-inch flat-screen!



While dedicated crews were installing the new A/C and electrical systems on the Airstream, others performed various other essential tasks. These jobs included moving a Pepsi trailer under a new shelter, mowing and trimming many overgrown areas, repairing and removing fencing, uprighting two bus stops, repairing a toy soldier guard shack, constructing a pad and placing a new restroom trailer, moving and decorating an old station wagon, making curtains and pillows for the Airstream, and finally painting a helipad! We were also greatly assisted by our crew, who provided and prepped breakfast, lunch, and dinner for everyone.



Santa was very impressed with all of the excellent work done and is waiting for clearance from the health care providers so the seriously ill kids can return.

We are leaving, but we are not gone.

Dawn and I wish to offer our sincere thanks to everyone that helped make this dream a reality. Your support, donations, well wishes, and hard work have proven that Airstreamers are great people. Needy families will enjoy your efforts for years to come.

We have now come to our conclusion as Region 4 Community Service Chairmen. Dawn and I are electing to remain on as elves to assist Santa. Our home WBCCI unit, NOVA, has agreed to continue as host for future work rallies at the North Pole. We will, of course, continue to invite all Airstreamers to join us as we take on future projects at the North Pole. Our scope will be expanded to include the whole facility for the next couple of rallies.

You are invited to continue the work.

Over Labor Day weekend 2021, we will host a mini work rally. We will arrive Friday, September 3. The work rally is on Saturday & Sunday, with a departure on Monday. Once again, we will be boondocking. Lunch only will be provided.

Watch for details of our Spring 2022 Work Rally. Please reserve the dates from Thursday, May 5, 2022, through Sunday, May 8, 2022. There will be an expanded menu of tasks and projects for all skill levels.

Finally, I am going to endeavor to communicate more effectively. In addition to using email and social media to stay in touch, a new Facebook group has been created--"Airstream Elves." Please join! We will be using the Facebook group to list tasks, news, and important issues.

Dawn and I thank you for putting your trust in us. Besides creating a new attraction at the North Pole, our volunteers have contributed many hours completing tasks that no one else could. We look forward to seeing our past volunteers and hopefully lots of new faces. I promise you this: After volunteering, you will leave Santa's Hide-A-Way Hollow with a feeling of accomplishment rarely experienced.

Merry Christmas!

Dan & Dawn Bihary

BRN 24260 dan@bihary.com cell: (440) 453-9782



Seeking a Region 4 Community Service Chairperson

Brad Briggs - Region 4 President-Elect

Personally, the Region 4 Officers and the Region 4 Members want thank Dan and Dawn Bihary for their service and leadership as Region 4 Community Service Chairpersons. The Biharys wish to focus their energies and community service time on Santa's Hide-A-Way Hollow. We wish them well in their future endeavors.



Region 4 is seeking a person or couple who has an interest in community service.

The Region 4 Community Service Chairperson(s)' purpose is to be the Region 4 liaison to all the Local Clubs in Region 4. Additionally, they are to keep the Region informed of the community service initiatives at the international level.

The Region 4 Community Service Chairperson(s) duties are flexible and can be customized to the person(s) interested. However, these are the overall goals of this position:

- To be in regular contact with each Region 4 Local Club to learn of any community service initiatives each Local Club is planning.
- Report to the Region Membership these community service initiatives through the Region 4 Newsletter.
- Invite Region 4 Members or help promote the need for assistance in a Local Club's community service initiatives if requested.
- Look for Region level community service projects around the Region or partner with a Local Club, with the goal of a different project each year at varying locations around the three states.

If you are interested in this position, please contact Brad Briggs at bfbriggs57@yahoo.com or 614-207-1241.

Save Your Pull Tabs!



Next time you see Wally Kimmel, give him your aluminum pop can pull-tabs. In case you think he might elude you, give them to someone in your local club who can chase him down. **This may be your last chance!**

Wally has been tasked to turn them in at the 2021 International Rally in Lebanon for the supported charity. Thanks, Wally, for your willingness to help out!

Calling All Region 4 Members for Tips & Tricks



As a Region 4 member, no doubt you have worked your way around many issues, challenges, and storage problems while traveling in your Airstream. This section of the Newsletter is dedicated to sharing among members tips and tricks for making our Airstreams work better for us! Please send any tips and tricks (no matter how trivial you think they are) to Jane Briggs (jebiggs80@yahoo.com) for use in future newsletter editions.

INTERNATIONAL

2021 International Rally

We all are looking forward to the [64th International Rally](#) in Lebanon, Tennessee, on July 16-24, 2021. The Rally will take place at the Wilson County Farm Bureau Exposition Center on the Wilson County Fairgrounds.

If you have not done so already, you are encouraged to download the Grupio App to your smartphone. The App will help you create a personalized schedule for the Rally. New events, sessions, and general information are added each day.



Region 4 Brunch at the 2021 International Rally



You are cordially invited to attend the Region 4 Brunch at the 64th International Rally in Lebanon, Tennessee.

Sunday, July 18, 2021, at 10:30 a.m.*

Tickets are \$16 per person.

At the “Touchless buffet,” servers on the buffet line will offer Hash brown casserole, Sausage, Cheddar quiche, Mini cheddar biscuits with ham and raspberry honey mustard, Fresh fruit salad, Assorted breakfast pastries, juice, and coffee.

RSVP by Friday, July 9, 2021, to Brad Briggs bfbriggs57@yahoo.com or (614) 207-1241

Send your check payable to **Region 4** to:
Steve Rhodes, 1121 Bogey Drive, Ontario, OH 44903
Note in the memo line: **IR R4 Brunch**

*Brunch is after the Worship Service and allows plenty of time to mosey over to Building C for this event.

SPOTLIGHT: WHERE WE ARE GOING

West Virginia Airstream Club

Come Joust With Us!

Come join the West Virginia Airstream Club at the West Virginia State Fairgrounds, Lewisburg, WV, on June 10-13. The rally entertainment revolves around the 3rd annual West Virginia Renaissance Festival on the 12th and 13th, showcasing equestrian performances, circus acts, comedy, live music, and magic. The festival is held at Hollow Hills Farm, just 10 minutes from the fairgrounds. For additional information on the festival, check out their website at www.wvrenfest.com.



A block of campsites at the WV State Fairgrounds is reserved, with full hook-ups at \$30 per night. Pay on arrival.

No fees are required to register, but if you plan to attend, you need to notify Al Akers at (304) 647-8391 or email to wvac_115@aol.com. We will need to know the date you are planning on arriving and the number in your party.

“This is how we roll”

Northern Ohio Virtual Airstream (NOVA)

NOVA Local Club (CampNOVA.club)



August 26–29, 2021 - [Rally into the Unknown](#), Salt Fork State Park Campground, Lore City, OH [Rally Flyer](#)

Host/Coordinator: [Gary Flint, Tom Diamond, John Hopkins](#). According to *USA Today*, Salt Fork State Park is one of the “Squatchiest” places in the United States. The state park even hosts an annual Bigfoot conference. “Researchers have been coming for decades to this area, and many people have encounters there.” Join the search or just come to relax.

August 5-8, 2021 - [Little Farm on the River Campground](#), Rising Sun, IN
Organizer: [Alan McDowell](#).

This is an excellent campground with riverfront sites to watch the barges and other river activities. Just down the road is the Rising Star Casino that has great buffets. The Casino also has a new RV park which we can investigate for future campouts. This is a casual camping event with no rally plans. Make your own reservations and travel plans, and if you do decide to attend, let the organizer know.



Southeastern Michigan Airstream Club (SEMAC)



Join SEMAC **August 12-15** at Walnut Hills Family Campground in Durand, Michigan, for the Lazy, Hazy Days of Summer Rally hosted by Richard & Cheryl Sands--Contact Info: cherylsands24@gmail.com or 248-245-0827 (cell) 248-328-0536 (home).

Plans include grilling, an ice cream social, and a tour of the Michigan Railroad History Museum in Durand, along with a BBQ lunch. No rally fee. The campsite (Electric 20/30 amp and water) will be @\$40/night. Each rig will make their own reservations at Walnut Hills, (989) 634-9782. Mention that you are with the SEMAC group. More information is available at <http://www.walnut hillsfamilycampground.com>. Deadline: July 1, 2021

The Western Reserve Camping Unit

Aug 18-22 Four Mile Creek State Park, Lewiston, NY hosted by Tom and Paula Christopher

Sept 8-13 Kelly's Island State Park, hosted by Tom and Paula Christopher

October 7-10 Buckaloons Campground, Allegheny National Forest, Warren PA hosted by Bill and Sandy Johnjullo



SPOTLIGHT: WHERE WE HAVE BEEN

Northern Ohio Virtual Airstream

By: President Randy Shiplett #3516

Spring of 2021 was an excellent start to the NOVA camping season. Several gatherings included the Spring is in the Airstream Rally, the Spring Fling at Mark Wahlberg Airstream and RV. With the cancelation of Urban Air, NOVA members camped at the Campbell Cove Campground in Logan, Ohio. (<https://www.campbellcovecampgrounds.com/>). Thanks to all the organizers of these events!

Many thanks to all who attended and who supported the Region 4 Rally and the Santa Hide-a-Way-Hollow Rally (see more in this issue, page 13, for planning the next work rally).

RECIPES FOR THE ROAD

Using An Air Fryer

By: Jane Briggs #3080

While making our Civil War Battle Sites tour the past few weeks, Brad and I recently met up with his cousin and wife, Robert and Paula Frazier, from Harrisonburg, Virginia. When we get together, it doesn't take long for the conversation to move toward cooking as they are both excellent in the kitchen. I asked Robert what his latest kitchen appliance was, and without hesitation, he said, "air fryer" and looked at me like I was nuts for not having one. Of course, my curiosity was peaked, and he took some time to share how much he is enjoying cooking with one and how his food tastes great and is prepared healthier, in his opinion.

According to the website "How Stuff Works" (<https://recipes.howstuffworks.com/tools-and-techniques/air-fryers.htm>), air fryers are the hottest small appliance and a "must-have" for home cooks. The author goes on to share that "An oven that promises crispy foods, less fat and quick heating times may sound like a far-fetched miracle, but it's not these days. We're talking about air fryers."

When cooking with an air fryer, it is best to "stick with dry-seasoned items — from baked potatoes and bacon to mozzarella sticks and cookies. According to *Food Network*, some of the most unexpected air-fry-friendly foods include hard-boiled eggs, croutons, quiche, and even ravioli."

So, for those of you who have an air fryer or who are willing to add another few pounds to your Airstream with another appliance, these healthy recipes are for you! Let me know if you have some additional Air Fryer recipes you would like to share in our next newsletter!

See you down the road,

Jane

Update to this article: When we arrived home, our neighbor brought over this package from Brad's cousin—an Air Fryer! I guess he REALLY wants me to try out this new kitchen appliance! We will see where this leads.....



AIR FRYER CRISPY FISH FILLETS (HOMEMADE)

There are so many options for the breading that come out crispy and accommodate different dietary choices. We love them all, each giving a slightly different texture and flavor.

Lots of factors influence how the fish filets cook. They all vary in size and thickness, so you'll have to adjust timing. All air fryers are different, and some cook much hotter than others. Once you cook your first batch, you'll know more about what works for your model of air fryer and the size of the food.

Make sure to spray the filets to thoroughly coat all the dry spots of breading, or else it may cook up dry and crunchy instead of crispy. Want to know what oils and sprayers are best for an air fryer? This [article is a great write-up](#).

Prep: 10 mins **Cook:** 15 mins **Total** 25 mins **SERVINGS:** 3 Servings **Calories:** 314 cal

This delicious Air Fryer Crispy Fish Fillets (Homemade) recipe is brought to you by AirFryerWorld.
<https://airfryerworld.com/air-fryer-fish-fillets/>

INGREDIENTS

- 1 pound (454 g) white fish fillets (*cod, halibut, tilapia, etc.*)
- 1 teaspoon (5 ml) kosher salt, *or to taste*
- 1/2 teaspoon (2.5 ml) black pepper, *or to taste*
- 1 teaspoon (5 ml) garlic powder
- 1 teaspoon (5 ml) paprika
- 1-2 cups (60-120 g) breading of choice *breadcrumbs, panko, crushed pork rinds, or almond flour*
- 1 egg, *or more if needed*
- Cooking Spray

EQUIPMENT

Air Fryer

Air Fryer Parchment Paper (optional)

INSTRUCTIONS

1. Preheat the Air Fryer at 380°F/193°C for 4 minutes.
2. If using frozen filets, make sure to thaw first. Cut fish filets in half if needed. Make sure they are evenly sized so they'll cook consistently. The thicker they are, the longer they will take to cook.

Pat the filets dry. Lightly oil the filets and then season with salt, black pepper, garlic powder, and paprika.

3. Put the breading in a shallow bowl. In another bowl, beat the eggs.

Dip the fillets in the egg, shaking off excess egg. Dredge the filets in your breading of choice. Press fillets into the bowl of breading so that they thoroughly coat the fillets. Repeat this process for all fish pieces.

4. Line air fryer basket or tray with [perforated parchment paper](#) (*highly recommended - if you don't have perforated parchment paper, make sure to spray with oil generously to coat the air fryer basket*). Lightly spray parchment paper with oil spray.

Lay coated fish in a single layer on the parchment (*cook in batches if needed*). Generously spray all sides of the breaded filets with oil spray to cover any dry spots.

5. Air Fry at 380°F/193°C for 8-14 minutes, depending on the size and thickness of your filets. After 6 minutes, flip the filets. Lightly spray any dry spots than then continue cooking for the remaining time or until they are crispy brown and the fish is cooked through.

Serve with your favorite dip: tartar sauce, mustard, aioli, etc.



Air Fryer Chicken Parmesan

by MAKINZE GORE FEB 5, 2021

<https://www.delish.com/cooking/recipe-ideas/a35256979/air-fryer-chicken-parmesan-recipe/>

YIELDS: 4 SERVINGS PREP TIME: 0 HOURS 10 MINS TOTAL TIME: 0 HOURS 50 MINS

INGREDIENTS

- 2 large boneless chicken breasts
- Kosher salt
- Freshly ground black pepper
- 1/3 c. all-purpose flour
- 2 large eggs
- 1 c. panko bread crumbs
- 1/4 c. freshly grated Parmesan
- 1 tsp. dried oregano
- 1/2 tsp. garlic powder
- 1/2 tsp. crushed red pepper flakes
- 1 c. marinara sauce
- 1 c. shredded mozzarella
- Freshly chopped parsley for garnish



DIRECTIONS

1. Carefully butterfly chicken by cutting in half widthwise to create 4 thin pieces of chicken. Season on both sides with salt and pepper.
2. Prepare dredging station: Place flour in a shallow bowl and season with a large pinch of salt and pepper. Place eggs in a second bowl and beat. In a third bowl, combine breadcrumbs, Parmesan, oregano, garlic powder, and red pepper flakes.
3. Working with one piece of a chicken at a time, coat in flour, dip in eggs, and finally press into the panko mixture, making sure both sides are coated well.
4. Working in batches as necessary, place chicken in the basket of air fryer and cook at 400° for 5 minutes on each side. Top chicken with sauce and mozzarella and cook at 400° for 3 minutes more or until cheese is melty and golden.
5. Garnish with parsley to serve



Please help make this Newsletter interesting for all
by submitting ideas and articles.

Newsletter Deadlines and Publication Dates

| Issue | Article Deadline | Publication Date |
|----------------|-------------------------|-------------------------|
| <i>Fall</i> | <i>9-1-21</i> | <i>9-15-21</i> |
| <i>Holiday</i> | <i>11-15-21</i> | <i>12-1-21</i> |
| <i>Spring</i> | <i>3-1-2022</i> | <i>3-15-2022</i> |
| <i>Summer</i> | <i>6-1-2022</i> | <i>6-15-2022</i> |



FROM YOUR NEWSLETTER EDITOR

This newsletter is for YOU, the Region 4 Member!

Feel free to submit information of interest to our members!

Newsletter issues typically include the following:

Spotlight: Where We Have Been (Unit Rally or Caravan
already taken)

Spotlight: Where We are Heading (upcoming Unit Rally or
Caravan)

Healthy Airstream Cooking Recipes

Region 4 Member Tips & Tricks

Officer Articles

Announcements

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