



THE SUNBEAM

THE OFFICIAL NEWSLETTER OF FL SUNCOAST UNIT 129



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WELCOME TO THE NEW SUNBEAM NEWSLETTER

BY DEB SULLIVAN

Hi! I am so excited to be the new volunteer to take over the Sunbeam Newsletter!

I have always admired the Airstream and had thoughts of owning one during my lifetime. I never knew it came with family!! Not the kind of family by blood or marriage, but the kind of family you choose and they choose you.

I purchased my first one, a 2019 Globetrotter, 25' in the spring of 2019 and went off to the Keys with my friends in their class A motorhome. Needless to say, I was hooked on camping and Airstreams! I went to the Keys a few more times and once with my daughter in tow. On that trip, I decided the 25' was too small for the two of us.

It meant that the dinette was in the “bed” position because it was a real pain to set up each night and it was uncomfortable without the topper which was quite cumbersome as well. So, I went back to Airstream of Tampa. She gave me a good trade in deal towards a 2020 33’ Classic in the pretty maple cabinetry, due in April of 2020.

Funny thing is, the white interior came out shortly after I placed my order and much to my disappointment, I was unable to change the order. Even funnier, to me at least, was when it came in it was the wrong one! It came in as a 30’, not the 33’ that I ordered. Sooooo, I got to order the 33’ in the white that I wanted! Boy was I excited, and it was already in production so it was coming in very shortly after I got notice of the “wrong” one.

Fast forward to December 2021 and a few more trips to the Keys with friends and some random ones here and there. Our lovely President, Sarajane Towndrow, reached out to me about the December rally practically in my back yard. I had joined the Wally Byam club as well as the Suncoast Club, but really didn’t know how anything worked and frankly I was too busy to find out. But, when Sarajane reached out I thought I would give it a try.

Needless to say, I was hooked! The itinerary for the weekend was well planned, lots of things to participate in and get to know members (I am actually quite shy with big groups), and in preparation for the decorating contest, I had been buying decos to really get my camper decked out for the Christmas Holiday! I dragged my mom and her dog, Pierre, and my pesky pooch, Penny and set off for the weekend.

At the risk of boring everyone with all the details, the weekend was a smashing success. I can see why Airstreamers are envied. Everyone was so kind, helpful, thoughtful, and friendly! Just what you would expect from family! I had smashed my big toe that morning and I was limping around, I can’t tell you how many folks offered a cart, or to drag a table, or run and grab something at my camper. Unexpected and much appreciated!

I look forward to meeting more of you at upcoming rallies whether planned or chance meetings! Remember, we are a volunteer club, if you can help with anything, big or small, we will take it! I am looking for your adventures. There are so many places I want to go, and maybe you’ve been there or want to go too. It doesn’t need to be an article for a travel magazine, just send me some photos with a paragraph or two, and if you want to do more, please do!

My hopes are to build upon the previous months’ newsletter. As more folks submit their content, hopefully more of you will find the time to contribute. We need recipes, travel stories and ideas, maybe some storage suggestions for our limited spaces, doing a solar project? Let us know what you did and why, then how it’s working for you. We will be listing the upcoming Rallies with contact info and booking info as well. We are looking for suggestions on Rally locations (would you like to help organize?), and do you have a suggestion for things to do or meals to have or themes for upcoming events. New blood with new ideas help keep the club going! With your help we can make this better than ever before.

Thank you for your time!

Deb (Just Deb) Sullivan
1st Vice President



MARCH MADNESS RALLY ORTONA LOCK SOUTH CAMPGROUND

BY DEB SULLIVAN

Our first rally of the 2022 season was held at Ortona Lock State Park on the Caloosahatchee River (which feeds into Lake Okeechobee). Really cool place because of all the interesting boats going through the locks to get into the lake. We saw some pretty impressive sail boats during our stay as well as some beautiful motor boats

We were joined by new members: Sue and Will Parry, Seth and Mandi Cantrell, Nicole and Jim Freed. Also included were associate members Marian and Scott Shoemaker from Canada, and two other couples from Ohio in their vintage 1960's airstreams that we invited to join in our festivities. We were hosted by Sarajane and Clive Towndrow, and current members Monte Barkman and myself!

Due to some last minute scheduling, Sarajane changed the program up a bit and assigned meals each night to us campers. We were told which night was ours and who was in our group for the night. Then we worked out who was doing which part of the dinner. It turned out to be my favorite way to have dinners as a group. Some may call it "Pot luck", but with this group it was a gourmet "Pot Lucky"! Food, apps, desserts and cocktails were amazing! Worked great for our small group.

During one of the evenings Monte, who has been in many presidential roles within the club, donned his Wally Byam beret and swore in the new members while Sarajane swore me in as the new 1st VP. On that same evening Sue Parry showed off her gorgeous newly finished quilted table cloth! She is a quilter extraordinaire!

We took an excursion into town one afternoon to a little Italian restaurant with our members and the food did not disappoint! It was delicious!

I would highly recommend this camping spot with one exception — Bring your bug spray!



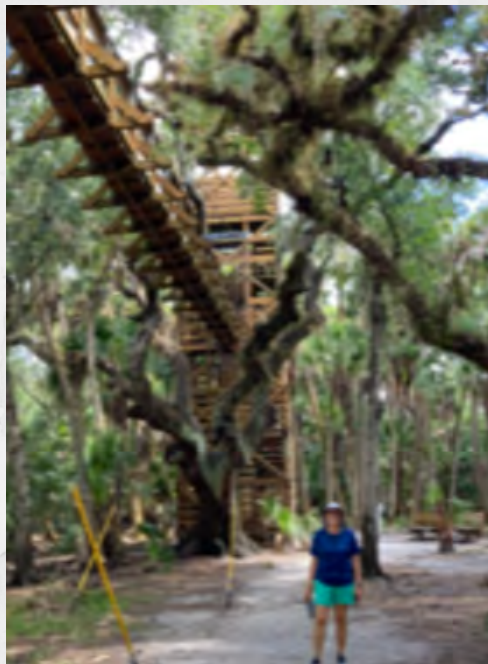
OUR TRIP TO THE JUNE BLOOM RALLY

BY SUE HAZENFIELD

The Florida Suncoast June Bloom Rally at Myakka State Park was our first rally. John and I had a great time meeting the other members, everyone was so friendly!

The Myakka State Park was so beautiful and we enjoyed riding on the bike trails. We walked the 100-foot long canopy walkway and climbed up the 75 foot observation tower for some amazing views of the park above the trees.

There are only 15 canopy walkways in all of North America! John and I are looking forward to attending the Christmas Rally.



BUYING AN AIRSTREAM A RITE PASSAGE

BY SARAJANE TOWNDROW

Buying an Airstream is a commitment to elegance! The magnificent Silver rig has been around for 90 years.

It's an Eye-catcher and topic of many a conversation. Sometimes you will hear "I did not know they made those anymore."

Traveling the world for over 90 years it is the most beautiful silver creation. Designed for its aerodynamics, it is a vehicle who travels everywhere, with all the conveniences of home.

They come in all shapes and sizes from tiny to the 3 axle version, Motorhome of the past and now the Sprinters and Atlas. The availability of these masterpieces has been a challenge for the past two years.

There is the dealer network which has become the lottery of adventures due to the changing delivery dates. Also the pre-owned market which allows you to search with your fellow club members and the classifieds.

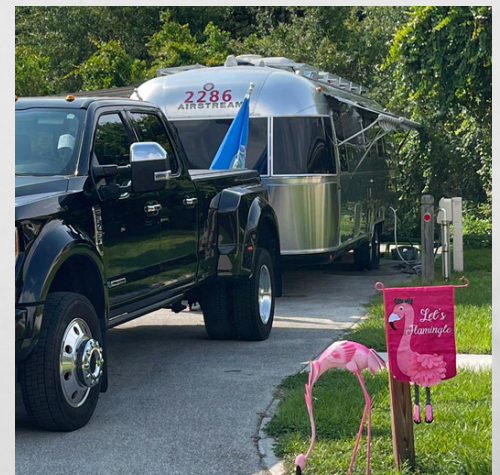
What does this silver jewel bring you?

Independence, freedom and the most interesting friends you will ever meet.

Camaraderie through all your life adventures and far away journeys with great friends. Enjoy, you are now part of an iconic group! Bring on the adventures!

Here are some of my favs.

- Sarajane Towndrow
President
Florida Suncoast Unit #129



HOW I FOUND MY AIRSTREAM

BY SARAJANE TOWNDROW

After sailing in a 50 ft Sailboat named Mirth for twenty years, my father-in-law Anthony "Tony" Towndrow would visit us in California and tell us to buy a Land Yacht. At this point he had been Airstreaming in his 1979 caravelle for 30 years.

So finally after selling our home in Huntington Beach, CA we decide to buy an Airstream and put it in an RV park in Long Beach near the Queen Mary. This location was right between our jobs during the week. We had to decide whether we really had to move to LA.

We purchased a new 2009 International 28 Christopher Deem model with wenge wood. It was gorgeous. We were pulling it with a Jeep Hemi v-8. We joined our first WBCCI unit and we loved it.. and so my rallies began. One year into this adventure I was doing rallies with 80 rigs from all over the West Coast.

After getting our second Golden retriever, we decided to get a 25 easier on our SUV and more floor space for the dogs.

After nine months I sold it and bought a Flying cloud 28, perfect size and the best closet space ever.

On our first night in Napa with our new rig we had a 6.0 earthquake, the back of the trailer was hanging over a ravine, and the wheel chocks moved but not the trailer! Luckily for us, airstreams do well in earthquakes the blinds moved but we were ok.

Then we decided to move east after my husband was flying back and forth three times a month.

So knowing we would need more A/C heading east, I called my favorite dealer and he bought it sight unseen and we got our first Classic with ducted dual A/C units.

We sold our home in two days and drove 3,000 miles in 6 days last year.

This classic is the biggest rig we have ever had and we could feel the extra weight compared to our 28's. It's worth it the galley is big and all of the features are awesome.

We are done, after 13 years we have found our dream trailer. So do not feel guilty if you have to buy and sell a few to get to the perfect one.

The lifelong friends we have made while streaming has been amazing. My in-laws traveled everywhere 350,000 miles in their 22 ft caravelle.

They were our idols.

My father-in-law Tony was the original editor of the Sunbeam Newsletter, I am sending him a copy of this one in Heaven.

- Sarajane Towndrow
President

Florida Suncoast Unit #129



Member Adventures

Highlights from our members featuring their favorite trips from the past quarter. Do you have favorite spots you think others would love? Submit your stories to thesunbeamnewsletter@gmail.com.



In This Issue You'll Hear Stories From

Christy & Michael Kruklinski as Christy recaps her favorite parts of their adventure along the famous Route 66.

Deb Sullivan highlighting her first experience at York's Silver in the City in York, SC.

John & Susan Leake as they get ready for this year's Alumalina 2022 Rally in Marion, NC.

Darla Furst sharing how she got into the world of Airstream travel and her famous Peanut Butter Pie Recipe.



Have a Story You Want to Share?

Part of our mission in running this newsletter is to connect and inspire members from all across the Airstream network. We love that we all share a passion for Airstream Life and that so many of our members trust and take the advice and tips of our fellow campers.

Do you want to get more involved? Or have a story you want to share so others can experience a little magic? Send us a note at thesunbeamnewsletter@gmail.com.

The Kruklinski's Take Silver Skye Along Route 66

We did it! We began our journey on 3/19 with a pit stop in East Tennessee to see our grands before going onto Chicago. Anytime we can loop in a pit stop (3-4 nights) to see the grands along our route with Silver Skye we do so because they love being in the airstream almost as much as we do. Made it to BEGIN SIGN (Route 66) in Chicago on 3/27 and made it to the END SIGN (Route 66) on the Santa Monica Pier on 4/6.

We had several fun stops along the way and hit up many of the places we were told to go & see including "standing on the corner in Winslow, Arizona." This was our longest trip yet and we loved every minute of it. Okay the tumble weeds, dust storms, 10 degrees in Chicago and 110 degrees in Joshua Tree were a bit much at times but we truly had a blast!



Next for the Kruklinski's

Our next big trip is to Fryeburg, Maine for the International Rally in July and in the fall, we will take Silver Skye to the Hot Air Balloon Festival in Albuquerque, New Mexico. Making the most of our airstream while touring this beautiful country of ours. Can't wait to see some familiar Florida Suncoast faces when we attend our second annual Christmas Rally in December. Happy trails happy campers!

- Christy & Michael Kruklinski
#31021 'Silver Skye'



York's Silver in the City

This issue, we are spotlighting one of our favorite rallies held annually in York, South Carolina hosted by John Leake and the Palmetto State Airstream Club. Hear as Deb Sullivan shares about her first time at Silver in the City.



What Is Silver in the City?

An urban rally, held on the downtown streets of historic York, SC hosted by John Leake and Terry Montgomery. This rally is held to showcase the beauty of small town America as much as it is to honor the legacy of the Airstream community. The town really 'rolls out the red carpet' for this annual event. With over 80 rigs in tow, this one is a sight to see. As an attendee, you'll enjoy special offers from local businesses and restaurants, live entertainment, exclusive shopping and more.

There were concerts every night, discounts for restaurants and shops (over 25 shops directly contributed), a volunteer tour of various Airstreams (there were some real classics there) and even volunteers from local shops serving coffee and pastries. This event is also used to fundraise for P.A.T.H. People Attempting To Help, a local out reach organization, working right in York only. They are true heroes. This year the rally donated a little over \$6000.



Why I Loved It

This is one of the few times I've experienced Airstreamers and locals coming together to enjoy such a spectacular event. Saturday saw many of us opening up our beloved airstreams to the locals so they could see what the excitement was all about. We put an info flyer on our rigs if we were hosting tours with a little info about it. Everyone had the option to stop in and take a look and ask questions. I think I had 50-60 people walk through my rig and answered hundreds of questions. It was so nice to be able to thank those people for letting us invade their town, parking lots and shopping areas for a long weekend!

What Makes It Worth Going To?

As a newbie to Airstreams, camping and Rallies, this was definitely one for the books. Each rally I attend, I meet so many amazing folks, all willing to share their knowledge, experiences and the sheer joy of "Airstreaming." It is truly a family (if you want it to be). This trip I needed help as soon as I got there with over full propane tanks and not only did the guys help me with the issue, they taught me what to look for so it doesn't happen again! There have been so many examples of kindness shown not just to me but many others that I observed during this rally! The hospitality here is truly unlike anything else!



How To Book Your Own Trip

The date has already been secured for next year's Silver in the City Rally. Mark your calendars for April 20-23rd 2023 and start getting excited. It was one of my favorite trips this year and I look forward to seeing you all there next year!

For more information on how to register contact Terry - terrymontgomery31@gmail.com - with the Palmetto State Airstream Club.

- Deb Sullivan

Alumalina 2022

A Carolina Airstream Gathering

by John & Susan Leake



As always, 4 days of food, fun, fellowship, seminars, craft fair, flea market, beer swap, Bourbon Trail, walking, talking, biking, hiking, paddling, picking, grinning, campfires, miles of aluminum and lots of paroozing, all with your like-minded friends. No membership is required, everyone is always welcome. The Tom Johnson Camping World Rally Park features nearly 300 full hook up sites in rally style parking on beautiful, flat, mowed grass. Rally style means parking is side by side, back end to back end, in rows, yet with ample room to deploy awnings and set up a very nice camp. Every site has 20/30/50-amp power, water and sewer.

We also have a 13,000 square foot pavilion with kitchen, stage and a restroom. Also a bath house, handicap parking, a cafe, walking trails along the Catawba River, nearby restaurants and Camping World next door. Plus lots of open green space.

We have secured a special camping rate of \$35/night. We will also ask for a TBD rally fee to cover the food and a few other necessities and will make every effort to have food suitable for everyone. There is no need for a reservation, we have the entire Rally Park reserved. Simply show up, pick a site, set up and pay up. We will help you check in and provide a complete Rally Packet for you with all the info you need for a fabulous rally. No one will be left guessing. All sites are the same, there is no pecking order, just come and have fun.

We maintain a list of those coming for planning purposes only. Drop me a note or give me a call if you are planning to join us: John@leakesantiques.com or 803-984-7225. Dates for 2022 are October 27 - 30th.

Marion, NC is a beautiful small town of 8,500 people located just off of 140 in the foothills of the Blue Ridge Mountains, 'Where Main Street Meets the Mountains'. The Blue Ridge Parkway and Mt. Mitchell, highest point east of the Mississippi are just a short drive away. Asheville, the Biltmore Estate, Black Mountain, Hendersonville and much more are just up the road.

You are more than welcome to come early. If you do, please check in at the Campground office across the street in the big building with the green roof and pay them for your site. Our special rally rate applies regardless of number of nights. You will love it! - **John & Susan Leake**

From Bilge Pumps to Rivets **by Darla Furst**

Darla Furst from Sarasota, FL shares the secret to 'Happy Wife, Happy Life' and spoiler alert, it's enjoying life together in their Airstream.



My husband and I will celebrate our 45th wedding anniversary this November. If you were to ask me the secret to our longevity; I would have to attribute it mainly to my husband's endless quest for new toys and hobbies. We have lived the entire time in the Sunshine State, where we have been blessed by great weather for outdoor activities.

Both of our careers have been centered in real estate. Our first sale in 1977 was a short-sale and our commission was the seller's 10-foot aluminum boat with a rusty 25 horsepower Johnson motor. However, as our business and sales grew, so did the boats, from speed boats to power cruisers and many trips to the Keys and Bahamas.

We also joined the Harley Davidson craze in the mid 90's. Our most amazing trip was to Sturgis and then 10 days of touring the West including Yellowstone, Mount Rushmore and Jackson Hole. The miracle of that trip was that I was able to pack for the 1,000-mile trip in one saddle bag on the back of the Harley. Unbelievable!!!

Unfortunately, my boating days got more difficult to manage after I had major surgery to repair a torn Achilles Tendon. Balancing on and off a boat was not easy for me and we decided to leave any water travel to the luxurious cruise lines.

But of course, it just presented the dilemma of "WHAT NEXT!" Hence... "LET'S LOOK INTO THE WORLD OF RV'S AND CAMPING!" We both have always been attracted to the look of Airstreams and the classy retro vibe they have. Admittedly, I am somewhat of a "snob" of being brand conscious in my shopping. So, when I discovered the Pottery Barn Edition online... it was a done deal!!!

We took delivery of the Airstream in October of 2021. We had also acquired a puppy, Tybee, earlier that year; so being able to travel with her along was a double treat! Oh, I forgot to mention that my husband (a few years earlier) had also fallen in love with Jeeps.

Unfortunately, his beloved Rubicon would not pull my Pottery Barn Airstream. So, we shopped for a rugged truck and settled on a black-on-black F250; which at 5'2", I could never get into if it weren't for the automatic running boards.

The first weekend after getting the Airstream we bravely enjoyed our maiden trip to Hunsader Farms in Bradenton, which is within 25 miles of our home. Thank God they have "pull-in" campsites!! It was the perfect weekend to learn the basics of camping in an Airstream and what we needed to add to it for future travels.

If Hunsader Farms is unfamiliar to you... please put it on your bucket list for traveling on the West Coast of Florida for a 2-3 day stay. It is a unique working farm with a country-like feel including a farmer's market, a petting zoo, well-manicured campsites and updated facilities.

Our first Airstream Rally took place in Sarasota, our hometown. It was in early December at the Sarasota fairgrounds, where we met our hostess, Sarajane. We had established early communication with Sarajane and she provided us with so much information as to what to expect at the Rally. We were not disappointed and met so many fellow Airstream owners that weekend, whom we continue to keep in touch with. The Happy Hour, breakfasts, dinners and informational seminars helped us to feel immediate bonds. Boastfully (I have never been shy) there was also a Chili Cookoff Contest... and guess who won!!! My "Guns and Gardens" recipe for chili was a hit!!! We were also asked to provide a dessert that night.

I baked a peanut butter pie that was a recipe handed down to me from Bill's grandmother. It is absolutely a staple in our family for desserts on holidays and special occasions. I have included the recipe below. It is a dessert that you can prepare and keep cool for 1-2 days in your RV fridge.

In the past eight months, we have participated in other rallies including one in the Kissimmee, Florida area and one in Hiwassee Georgia. These rallies remind us of a lot of what we enjoyed in the dock life of boating. We love them and look forward to many more. I realize that I might be "preaching to the choir" in this article for Airstream owners. I know that you already are part of the "Raving Fans of Airstreams."

But for those of you who are on the fencepost of jumping into an Airstream... go for it!!! The fellow campers are great, and the Airstream has a history of people falling in love with their classic, unique style and class!! It's contagious!!

---Darla Furst
Sarasota, Florida



Virginia's Peanut Butter Pie

by Darla Furst

Instructions

Cream together the powdered sugar, peanut butter until crumbly; set aside. Combine the granulated sugar, cornstarch, flour, salt, egg yolks, milk, butter in the top of a double boiler. Cook until thick over medium heat, stirring constantly. (You can also do this in a medium saucepan over low heat... but stand over it so it doesn't burn!)

Prepare the baked pie crust as directed on the package and let cool. Sprinkle two-thirds of the peanut butter/powdered sugar mixture over the baked pie crust and pat down. Pour the cooked custard over this.

Take 3 egg whites
1/4 tsp. of cream of tartar
1/4 cup granulated sugar

Beat the 3 egg whites with the cream of tartar until stiff peaks form, gradually adding the sugar. Spread over the custard. Sprinkle the remaining peanut butter/powdered sugar mixture over the meringue and bake at 350 degrees about 20 minutes until golden brown. Chill the pie for at least 3 hours.

Ingredients

- | | |
|---|--|
| <ul style="list-style-type: none">• 3/4 cup of powdered sugar• 1/3 cup of peanut butter• 2/3 cup of granulated sugar• 3 tbs. cornstarch• 1 tbs. flour• 1/2 tsp. salt | <ul style="list-style-type: none">• 3 egg yolks• 3 cups of milk• 2 tbs. butter• 1 tsp. of vanilla• 9 inch frozen pie crust |
|---|--|

Prep Time

Prep time: 15 minutes
Bake time: 20-25 minutes
Chill time: 3 hours
Total: 3 hours 40 minutes

Stories of GRATITUDE

While in York SC, at the awesome Silver In The City Rally, our water heater would not work. We were truly grateful that many fabulous Airstreamers took their time to try and troubleshoot. It turned out to be that the small round plastic clip that holds the thermostat in, was broken. Causing it to touch the metal and short the board.



FROM YORK, SOUTH CAROLINA

Shout out to Dinosaur Electronics for their great help and their terrific replacement boards. We installed a new thermostat and board. Planning to be back on the road next week, with hot water. Yey

"Life is not a journey to the grave with the intention of arriving safely in a pretty and well preserved body, but rather to skid in broadside, thoroughly used up, totally worn out, and loudly proclaiming - - WOW.....What a Ride!!!"

- SHOSHANA AVRAMOVITZ



THE FLORIDA SUNCOAST UNIT

UPCOMING EVENTS SCHEDULE

SUMMER PICNIC

WHERE: Fort DeSoto Park,
3500 Pinellas Bayway South
Tierra Verde, FL

WHEN: August 28 to
September 2, 2022 (4 days)

BOOK: Self-Book, 727-582-
2100 #2 OR Send RSVP to
sarajane.towndrow@aol.com

FALL RALLY

WHERE: Highlands Hammock
State Park, 5931 Hammock
Road, Sebring, FL

WHEN: September 22 to
September 26, 2022 (3 days)

BOOK:
Self-Book,
www.floridastateparks.org
OR Send RSVP to
sarajane.towndrow@aol.com

CHRISTMAS RALLY

WHERE: Sarasota County
Fairgrounds, Sarasota, FL

WHEN: November 30 to December 4,
2022 (4 days)

COST:
4 nights fee 30 x 4 = \$120
Rally Fee \$25/person
Total \$145 for one
Total \$170 for two

Mail Check to:
Bill Furst (Treasurer)
8184 Gabanna Drive Sarasota, FL

BOOK: Send RSVP to
sarajane.towndrow@aol.com

BE SURE TO REGULARLY CHECK OUT OUR FACEBOOK
PAGE FOR THE LATEST UPDATES ON ALL OUR FLORIDA
SUNCOAST UNIT EVENTS AND HAPPENINGS!

Scan to
join!



READY FOR SOMETHING NEW?

CHECKOUT SOME OF THESE AIRSTREAM OWNED PARKS

TOP OF GEORGIA
HELEN GA

VIRGINIA HIGHLAND HAVEN
NEAR ROANOKE VA

MYSTIC SPRINGS COVE AIRSTREAM PARK
MC DAVID FLORIDA

AIRSTREAM TCPC
CROSSBILLS TENNESSEE

AUTOCAMP CAPE COD
FALMOUTH MA

TEXAS AIRSTREAM HARBOR
ZAVALLA TX

NTAC AIRSTREAM PARK
HILLSBORO TX

SILVER OAKS AIRSTREAM PARK
ARKANSAS PASS TX

PROGRESS PARK AIRSTREAM RESORT
LOUISVILLE KY

PENN WOOD AIRSTREAM PARK
NEW BETHLEHEM PA

JERSEY SHORE HAVEN AIRSTREAM PARK
CAPE MAY NJ

GREEN ACRES AIRSTREAM PARK
BEAUFORT SC

MINNESOTA AIRSTREAM PARK
CLEAR LAKE MN

MYSTIC COVE AIRSTREAM PARK
MC DAVID FLORIDA

LAND YACHT HARBOR
MELBOURNE FLORIDA

AIRSTREAM ARCHIVES

SOME SNAPSHOTS FROM OUR MEMBERS ENJOYING #AIRSTREAMLIFE

REMEMBER TO SUBMIT YOUR PHOTOS TO
THESUNBEAMNEWSLETTER@GMAIL.COM



Cobbler for Two

by Alex & Gary Bergfield
Bubbles # 22822

Instructions

PREHEAT OVEN TO 350 DEGREES, I USED OUR CONVECTION IN OUR AS, KNOWN AS BUBBLES

PLACE FRUIT INTO OVEN SAFE CONTAINERS, I USE 2 RAMEKINS MIX ALL THE OTHER INGREDIENTS AND POUR OVER FRUIT.

BAKE FOR 30 TO 45 MINUTES OR UNTIL GOLDEN BROWN.

* ADD SOME VANILLA ICE-CREAM AND ENJOY!

* I SOMETIMES WILL ADD SOME BROWN SUGAR ON THE TOP TO CRYSTALLIZE.

Ingredients

- 2 cups of fruit
 - 1/2 stick or 2 oz melted butter
 - 1/2 cup of self rising flour
 - 1/2 cup of sugar, or to taste
 - 1/4 cup of milk
- Fruit of choice - we've tried blueberries, blackberries, peaches and apples

Prep Time

Prep time: 5 minutes

Bake time: 30-45 minutes

Total: 45-50 minutes

Thank you!

TO ALL OUR FLORIDA SUNCOAST UNIT FRIENDS,

We are so grateful to you for sharing your tips, tricks, recipes, adventures, stories and love of this life with us. Remember to keep sharing! If this newsletter inspired you to share, send us a message at thesunbeamnewsletter@gmail.com. We'll see you out there!

Thank you so much!

Sarajane Towndrow (President) - email: Sarajane.towndrow@aol.com

Deb Sullivan (First Vice President) - email: Sullyd123@gmail.com

Timothy Belcher (Second Vice President) - email: tim@wholespa.com

Bill Furst (Treasurer) - email: Bill@BillFurst.com

