5/8/23, 3:00 PM MealBoard

## **Puff Pastry Apple Pies**



Breakfast, Dessert, Fruit

A quick dessert or pastry to enjoy with coffee

## **Ingredients**

**1 box** Puff pastry, thawed

Salt, to taste

2-4 Apples, small diced

1/2 tsp Cinnamon, optional

2-4T Butter, divided

1 Egg, beaten

1/2 cup Brown sugar, divided

## **Directions**

- 1. Preheat oven to 350. Remove 1 puff pastry sheet and open onto a cutting board. Eyeball cutting it into 9 squares of approximately equal size. Press squares into a muffin pan or silicone muffin cups lining a baking pan to form a cup.
- 2. Heat butter in a saute pan and add apples. Cook a couple of minutes to soften and add brown sugar (1Tbl at a time), salt and cinnamon if desired. Continue to cook until sugar is dissolved and forms a slightly thickened syrup over the apples. If too much sugar the apple mix with be too runny, too little and it'll be hard when cooked.
- 3. Spoon apple mix evenly into the 9 puff pastry cups. Lightly egg wash the rim of the puff pastry. Bake approximately 30 min or until puff is golden brown. Remove and allow to cool a few minutes before removing from molds.
- 4. Repeat with second sheet of puff pastry and apples.
- 5. Allow to cool completely before topping with whipped cream, icing or powdered sugar.

## Notes

Apples vary in size and sweetness. If using smaller apples, you'll need more like 4. If using larger apples, you'll need about 2. A bit more brown sugar can be added to tarter apples just don't add too much to make too syrupy.

This recipe is adapted to cook in the microwave/convection oven in an Airstream.